

## WHAT IS A REGULARITY RALLY?

It's a really fun way to use your favourite car with your favourite person. One of you needs to be the Driver (obviously!) and the other needs to be the Navigator (which is a much more important job!)

## WHAT EQUIPMENT WILL WE NEED?

1. A 24mph (40(kph) Speed Table. Provided by the organiser
2. A Stop Watch
3. A Wrist Watch with seconds showing
4. A Set of Written Direction Instructions. Also provided by the organiser

## WHAT ACTUALLY HAPPENS?

You'll be given a Car Number and a Start Time. You match your Wrist Watch to our Rally Clock at the start so we know we are all working to roughly the same time. You reset your odometer Trip Meter to Zero. You set your Stop Watch to Zero. We count you down to your Start Time with a ...3...2...1...GO. You start your Stop Watch running as you drive away.

You then follow a set of Written Instructions that we will have given you the day before. These explain very clearly the route you must follow in order to arrive at the Finishing Point which is called the TC – the Time Control. The Notes are well detailed, with mileages between junctions and total mileage as it accumulates.

## SO, IS THAT ALL THERE IS TO IT?

Following the route is the most important part of the Rally. We don't want anyone to miss our coffee and lunch stops. However, there is a timing element to the event, just to liven things up. The length of each section has been measured and given an exact time it should take to cover the distance at 24mph. We use 24mph as it's the easiest to calculate.

So, let's say a section is 6 miles, it should take you 15 minutes, 12 miles should take you 30 minutes, 18 miles should take you 45 minutes, and so on. All of these times are listed on your Speed Tables at 30 second intervals. The reason you've been given a Speed Table (provided by us) is so that you can check your progress at any time along the route.

## SOUNDS COMPLICATED!

It really isn't. It's just meant to be fun. Just remember when you remember that the following the route is much more important than trying to stay on time. Timing comes later if the whole idea if the Rally appeals to you enough to want to do another one. We do also offer everyone an "introduction to rallying" session the day before the rally.