

## ROAD TRIP

### *BALLADE EN VILLENEUVOIS*



From its source, the Lot valley reveals many treasures in terms of landscape, habitat, interesting visits and gastronomy. Upstream from Cahors, between Capdenac and Cahors, the Lot winds its way through the limestone hills of the Quercy plateaux. Over the millennia, the river has eroded the karst to create majestic cliffs ranging in colour from white to ochre.

Man has been present in this valley since prehistoric times. In the Middle Ages, villages and castles were built, often perched on rocky spurs, the most famous being Saint-Cirq-Lapopie. These saw wars and better times, notably with the river trade until the early 20<sup>e</sup> century. Today, most are in a remarkable state of preservation.

Downstream from Cahors, to the west, the hills become gentler, the valley widens, the meanders become rounder and narrower, leaving wide plains suitable for cultivation. This is the terroir of the Cahors vineyards, which cover 4,000 hectares. The vines grow on the alluvial plains, but also on the well-exposed hillsides that give Cahors wine its distinctive character.



Further west, nestled between plum orchards and the rolling hills of the Pays de Serre, the Grand Villeneuvois entices us to enjoy its mild climate, historic sites and tasty specialities on this weekend in late April.

## OUR WEEKEND

### Friday 26, Saturday 27, Sunday 28 April 2024



- Winery « Domaine Lou Gaillot »  
Visit and tasting
- Villeneuve sur Lot « Le moulin de Madame \*\*\*\* » Apéritif, dinner 3 courses »
- Foie gras museum « Ferme de Souleilles », visit and apéro tapas.
- Montflanquin, dinner at « La dame du lac » 3 courses.
- Visit to Château de Biron
- Coffee stop at Barthe Golf Club.
- Return to « moulin de Madame » for a course dinner.
- Guided visit of Pujols, one of the most beautiful villages in France.
- Coffee stop at the bar « L'Estaminet » at Prayssas.

10 - Restaurant at Ste Livrade for 3-course lunch.

3-day tour, approx. 200 km.  
Individual drinks not included  
The road book will be delivered on Saturday evening at the "Moulin de Madame" hotel, during the aperitif.  
Suggested dishes will be sent later.



# RENDEZ VOUS ON FRIDAY 26 APRIL 2024

14h30

Domaine Lou Gaillot

[www.lougaillot.com](http://www.lougaillot.com)

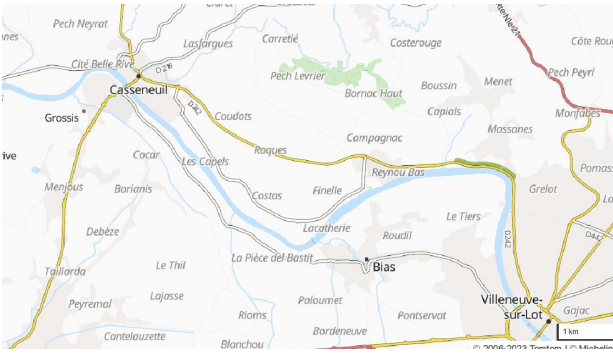
Les Gaillots

47440 CASSENEUIL

Guided tour of the winery

Tasting

Duration – 1 hour



17h00

Hôtel \*\*\* Le Moulin de Madame « Groupe Mercure »

[HA600@ACCOR.COM](mailto:HA600@ACCOR.COM)

Route de Casseneuil

47300 Villeneuve sur Lot

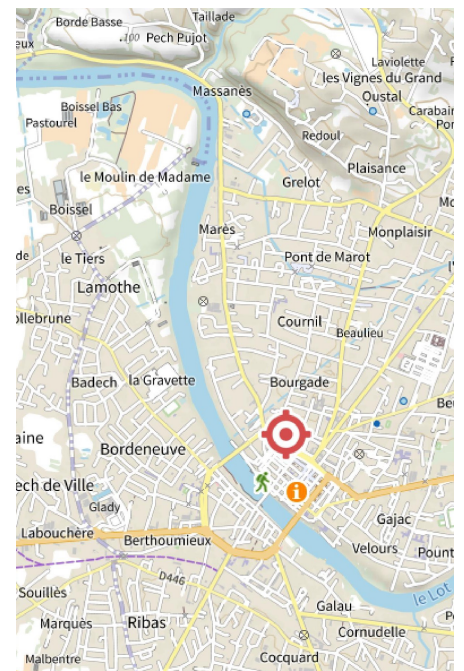
Check-in

Free time in the hotel, bar, spa....

Or free time to visit [Villeneuve sur Lot](#)

19h30 Apéritif, distribution of the road books

20h00 3-course dinner (drinks extra)



SATURDAY 27 APRIL 2024

9h00

Ferme de Souleilles, musée du foie gras  
[www.souleilles-foiegras.com/ferme.html](http://www.souleilles-foiegras.com/ferme.html)  
47140 Frespech

Depart for Ferme de Souleilles, the foie gras museum, for a 50km drive through the fertile hillsides of the Pays de Serre. We'll learn all about foie gras production from the Egyptians to the present day. The visit will be followed by a tapas aperitif featuring home-made specialities, before we head back to Montflanquin and its bastide town, which we'll pass through on our way for lunch at La Dame du Lac, some 40 km away.

### **12h30**

Restaurant « la dame du lac »  
<https://damedulac.fr/>  
Mondésir, 980 Allée du Manoir, 47150 Monflanquin

The Lady of the Lake is a mythical goddess of Arthurian legend, who lived in an enchanted forest inhabited by numerous fairy-like creatures. Also known as the Viviane fairy, the knights' protector or the water fairy, she shines with her lively spirit and bewitching beauty. She gave King Arthur the sword Excalibur, raised Lancelot of the Lake to knighthood and charmed Merlin the Enchanter. As the village of Monflanquin is deeply influenced by medieval times and has a lake running through it, the view of which you can enjoy from our estate, this nod to the famous Lady of the Lake is an obvious one. After lunch, departure for the fortress of the Dukes of Biron, 25 km from our restaurant.

### **15H00**

Château de Biron  
<https://www.chateau-biron.fr/fr>  
24540 Biron

Château visit

### **16h30**

Back to the "Moulin de Madame" hotel, via Villeréal, a fortified town founded in 1269 by Alphonse de Poitiers, which we'll pass through, admiring the 14th-century market hall. After a 50 km drive on the back roads of the Lot et Garonne, we'll take a well-earned break at the Barthes golf course for refreshments, before returning to our hotel (31 km) on the banks of the Lot, for a 2-course dinner (starter-main course or main course-dessert)

## **SUNDAY 28 APRIL 2024**

### **9h00**

Pujols  
« Plus beaux villages de France »

Dramatised visit of around an hour with a guide. We'll then set off for our restaurant in Ste Livrade, with a detour via Prayssas, on a very picturesque route of around 60 km. We'll take a break there at

the bar "l'Estaminet" before heading back to our restaurant in Ste Livrade for a 3-course lunch, after which we'll part company at around 3.00 pm.

**11h40**

Prayssas

Bar « l'estaminet »

**13h00**

Lunch at the restaurant Le Bord de la Source. 3-course menu for 31 euros, excluding drinks.

<https://www.lasource.club/>

